

120 Eagle Rock Avenue, Suite 100 East Hanover, NJ 07936 973.324.8362

## From Garden State Parkway (North and South):

Take Exit 145 and follow signs for 280 West, The Oranges. Remain on 280 West until Exit 4A, Eisenhower Parkway South. Merge onto Eisenhower Parkway and continue 0.4 miles then make a right at the light onto Eagle Rock Avenue (There will be an Exxon station on the left-hand side). Continue 0.2 miles past the second traffic light (River Road intersection) and make a right into the first driveway of 120 Eagle Rock Avenue (There will be a Dunkin Donuts on your left immediately before the turn). Continue to the very end of the driveway and make a right. Then make the first left into the Kessler Foundation parking lot. Kessler Foundation's participants' entrance is to the right of the main entrance.

## From New Jersey Turnpike South:

Take Exit 15W. After toll booth, follow signs for Route 280 West. Remain on 280 West until Exit 4A, Eisenhower Parkway South. Merge onto Eisenhower Parkway and continue 0.4 miles then make a right at the light onto Eagle Rock Avenue (There will be an Exxon station on the left-hand side). Continue 0.2 miles past the second traffic light (River Road intersection) and make a right into the first driveway of 120 Eagle Rock Avenue (There will be a Dunkin Donuts on your left immediately before the turn). Continue to the very end of the driveway and make a right. Then make the first left into the Kessler Foundation parking lot. Kessler Foundation's participants' entrance is to the right of the main entrance.

## From Route 80 East:

Remain on Route 80 East as it becomes Route 280 East. Take Exit 1, New Road toward Edwards Road. Stay to the right at the end of the ramp and turn right onto Ridgedale Avenue. Continue 1.4 miles on Ridgedale Avenue. At the traffic light make a left onto Eagle Rock Avenue (There is an Exxon Station on the left). Continue 0.4 miles and make a left into the office complex (There will be a left-hand turn lane for this building). Turn right & follow the road to the end, then turn left. Continue to the end of that road, and make a right. Then make the first left into the Kessler Foundation parking lot. Kessler Foundation's participants' entrance is to the right of the main entrance.

**FROM LINCOLN TUNNEL OR GEORGE WASHINGTON BRIDGE:** Take New Jersey Turnpike (I-95) South to Exit 15W to Route 280 West. Continue as above.

FROM ROUTE 80 WEST: Take Route 80 West to the Garden State Parkway. Continue as above.

**FROM NEWARK AIRPORT:** Take Route 78 West to Garden State Parkway North to Exit 145. After toll booth, follow Route 280 West. Continue as above.

**FROM WEST:** Take Route 287 North to Route 80 East to Exit 47A/Oranges, to Route 280 East, Take Exit 1, New Road toward Edwards Road. Continue as above.

\*\*\*To exit the building complex, follow the parking lot around to the stop sign and make a right, then left. Directly in front will be a small road that appears to lead to Eagle Rock Ave. **This is a one way-the wrong direction.** Make a right, and follow to the main complex exit to the left.

